

Gewicht vaste stoffen

GRAM	CUPS	OUNCES
5 gr	1 teaspoon	
15 gr	1 tablespoon	1/2 ounce
30 gr	1/8 cup	1 ounce
60 gr	1/4 cup	2 ounces
115 gr	1/2 cup	4 ounces
170 gr	3/4 cup	6 ounces
225 gr	1 cup	8 ounces
450 gr	2 cups	16 ounces

Gewicht vloeistoffen

mililiter	cups	ounces
5 ml	1 teaspoon	
15 ml	1 tablespoon	1/2 fl. oz
30 ml	2 tablespoons	1 fl.oz
60 ml	1/4 cup	2 fl.oz
125 ml	1/2 cup	4 fl.oz
180 ml	3/4 cup	6 fl.oz
250 ml	1 cup	8 fl.oz
500 ml	2 cups	16 fl.oz
1000 ml	4 cups	1 quart

Oventemperatuur

celsius	Fahrenheit
95	200
130	250
150	300
160	325
175	350
190	375
200	400
230	450

Lengte

centimeter	inches
3 mm	1/8 inch
6 mm	1/4 inch
2,5 cm	1 inch
10 cm	4 inch
15 cm	6 inch
20 cm	8 inch
25 cm	10 inch